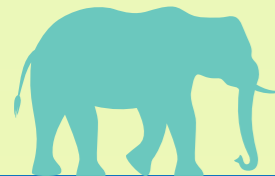


WEEKLY MENU

LET'S **SAVE** THE **WORLD** TOGETHER



WEEK 1

15TH APR . 13TH MAY
17TH JUNE . 15TH JULY
2ND SEPT . 30TH SEPT

MONDAY

Cheese & Tomato Pinwheel 1,7 V
Sweet Potato & Bean Pie VG
Jackets with a Choice of Toppings 7,8,9
Baked Potato Wedges, Peas, Carrots
Peach Crumble 1 VG & Custard 7
Mr Nourish Biscuit 1 VG, Yoghurt 3,7, Fruit Pots VG

TUESDAY

Beef & Onion Pie 1
Cheesy Pasta Twists 1,7 V
Jackets with a Choice of Toppings 7,8,9
New Potatoes, Seasonal Vegetables
Strawberry Mousse 7, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

WEDNESDAY

Roast Gammon & Gravy
Bean Chilli with Baked Tortilla Chips 1 VG
Jackets with a Choice of Toppings 7,8,9
Rustic Roast Potatoes, Broccoli, Sweetcorn
Cornflake Cookie 1,7, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

THURSDAY

Chicken Fajitas 1,4
Tomato Spaghetti 1 VG
Jackets with a Choice of Toppings 7,8,9
Rice, Cauliflower, Carrots
Traybake Pancake 1,7,9 & Berry Sauce
Mr Nourish Biscuit 1 VG, Yoghurt 3,7, Fruit Pots VG

FRIDAY

Margherita Pizza 1,3,7,9 V
Salmon Pasta 1,7,8
Jackets with a Choice of Toppings 7,8,9
Chips, Peas, Baked Beans, Carrot Sticks
Oaty Biscuit 1,15 VG
Yoghurt 3,7, Fruit Pots VG

WEEK 2

22ND APR . 20TH MAY
24TH JUNE . 22ND JULY
9TH SEPT . 7TH OCT

MONDAY

Chicken Pie 1
Pesto Pasta Bake 1,7 V
Jackets with a Choice of Toppings 7,8,9
New Potatoes, Seasonal Vegetables
Ice Cream 7, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

TUESDAY

BBQ Pulled Pork Loaded Wedges
Herby Tomato Penne Pasta 1 VG
Jackets with a Choice of Toppings 7,8,9
Sweetcorn, Courgettes
Chocolate Pudding 1,9 & Chocolate Sauce 7
Mr Nourish Biscuit 1 VG, Yoghurt 3,7, Fruit Pots VG

WEDNESDAY

Roast Chicken & Gravy
BBQ Vegetable Burrito 1 VG
Jackets with a Choice of Toppings 7,8,9
Rustic Roast Potatoes, Cabbage, Carrots
Fruit Jelly VG, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

THURSDAY

Macaroni Cheese 1,7 V
Vegetable Hot Pot 16 VG
Jackets with a Choice of Toppings 7,8,9
Carrots, Green Beans, Garlic Bread 1,3,7,9
Peach Sponge 1,9
Mr Nourish Biscuit 1 VG, Yoghurt 3,7, Fruit Pots VG

FRIDAY

Chicken Bites 1
Cheese & Spinach Pinwheel 1,7 V
Jackets with a Choice of Toppings 7,8,9
Chips, Peas, Baked Beans, Coleslaw 9
Ginger Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

WEEK 3

29TH APR . 3RD JUNE
1ST JULY . 16TH SEPT
14TH OCT

MONDAY

Sweet Chicken Curry
Cheesy Pasta 1,7 V
Jackets with a Choice of Toppings 7,8,9
Rice, Seasonal Vegetables, Herby Bread 1,3,7,9
Apple Crumble 1 VG & Custard 7, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

TUESDAY

Sausage Roll 1,6
Quorn Sausage & Gravy 1 VG
Jackets with a Choice of Toppings 7,8,9
Mashed Potato, Baked Beans, Broccoli
Banana & Toffee Cake 1,7,9, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

WEDNESDAY

Roast Pork & Gravy
Samosa Puff 1 VG
Jackets with a Choice of Toppings 7,8,9
Rustic Roast Potatoes, Green Beans, Carrots
Crispy Cake 3,7,16, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

THURSDAY

Margherita Pizza 1,3,7,9 V
Loaded Cajun Bean Wedges VG
Jackets with a Choice of Toppings 7,8,9
Rainbow Pasta 1, Sweetcorn, Peppers
Lemon Drizzle Cake 1,9
Mr Nourish Biscuit 1 VG, Yoghurt 3,7, Fruit Pots VG

FRIDAY

Fish Fingers 1,8
Summer Frittata 7,9 V
Jackets with a Choice of Toppings 7,8,9
Chips, Peas, Baked Beans, Cucumber Sticks
Caramel Cookie 1,7
Yoghurt 3,7, Fruit Pots VG

WEEK 4

6TH MAY . 10TH JUNE
8TH JULY . 23RD SEPT
21ST OCT

MONDAY

Jerk Chicken
Tomato & Herb Pasta 1 VG
Jackets with a Choice of Toppings 7,8,9
Sunshine Rice, Cauliflower, Carrots
Ice Cream & Mandarins 7, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

TUESDAY

Singapore Noodles 1,3,16 VG
Cheese & Bean Wrap Pocket 1,7 V
Jackets with a Choice of Toppings 7,8,9
New Potatoes, Seasonal Vegetables
Jam Tart 1,6 VG & Custard 7, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

WEDNESDAY

Roast Chicken & Gravy
Vegetable Toad in The Hole 1,7,9 V
Jackets with a Choice of Toppings 7,8,9
Rustic Roast Potatoes, Cabbage, Peas
Fruit Jelly VG, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

THURSDAY

Penne Bolognese 1
Rice & Bean Burrito 1 VG
Jackets with a Choice of Toppings 7,8,9
Baked Wedges, Green Beans
Sweetcorn, Garlic Bread 1,3,7,9
Beetroot Cake 1,9, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

FRIDAY

Fish Fingers 1,8
Vegetable Pastie 1 VG
Jackets with a Choice of Toppings 7,8,9
Chips, Peas, Baked Beans, Coleslaw 9
Vegan Brownie 1 VG
Yoghurt 3,7, Fruit Pots VG

KEY:
VG Vegan V Vegetarian

AVAILABLE DAILY:
Selection of Salads 9, Homemade Bread 1,3,7,9.
Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.



3K
LOOK OUT FOR OUR THEMED DAYS!



1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten